

OG Menu

Bigger Grilled Wraps for Bigger Appetites

Super A-Bomb – 11.49

Turkey, chicken, bacon, hard-boiled egg, mozzarella, pico de gallo, lettuce and ranch

619 – 12.19

Steak, shrimp, bacon, guacamole, pepperjack, pico de gallo, olives, hard-boiled egg, rice and chipotle ranch

Dan's Unleaded – 9.99

Chicken, turkey, egg whites, vegetables, mozzarella, lettuce and orange sauce

Country Boy – 11.49

Pork, turkey, bacon, garlic potato salad, hard-boiled egg, mozzarella and honey mustard

Bad Mofo – 10.49

Steak, hard-boiled egg, pasta salad, mozzarella, lettuce and your choice of sauce

Samoan – 10.49

Pork, imitation crab, shrimp, mozzarella, vegetables, pineapples, hard-boiled egg, rice and teriyaki sauce

Bootcamp – 9.99

Chicken, turkey, egg whites, pico de gallo, olives, lettuce, brown rice and your choice of sauce

24 – 11.49

Steak, turkey, chicken, egg whites, mozzarella, brown rice and your choice of sauce

Sushi Wrap – 11.49

Imitation Crab, shrimp, cucumber, guacamole, nori, rice and wasabi mayo

Thai Boxer Bowl – 9.99

Brown rice or white rice, egg whites, vegetables, chicken, shrimp and sweet and spicy sauce
Comes with a spring roll

Mr. Jason Bowl – 10.49

Brown rice or white rice, hard-boiled egg, vegetables, chicken, steak, turkey and teriyaki sauce

Sides 1.85

Garlic Potato Salad
Fresh Pasta Salad
Side Salad

Brown or White Rice

Hummus with Pita
Maui Onion Chips
Hello Panda Cookies
Spring Roll - 2.00

Drinks

Small Fountain – 1.55
Large Fountain – 1.99
Bottled Water – 1.55

Specialty Drinks

Bottled Beverages – 2.99
Small Iced Thai Tea – 1.99
Large Iced Thai Tea – 2.49

Sauces and Dressings

(Spicy)

Thai Peanut
Thai Chili Vinaigrette
Sriracha (2-Alarm)
Sambol (3-Alarm)
Napalm (5-Alarm)
Spicy Chinese
Sweet and Spicy
Wasabi Mayo

(Mild)

Teriyaki
Chipotle Ranch
Ranch
Parmesan
Orange Sauce
Soy Sauce
Honey Mustard
Balsamic Vinaigrette

Extras

Guacamole - .75
Vegetables - .50
Pico De Gallo - .50
Pita Bread - .50
Meat - 1.50
Egg - .50
Rice -.50
Lettuce -.50

Make it a Combo add \$2.25
adds side and a small drink
(add .44 cents for a large drink)

Make it an OG for \$11.49

Larger Size Wrap w/extra meat and
hard-boiled egg

***Our Food May Contain
Peanuts, Dairy, Egg, Wheat, or Shellfish products
Ask an Employee if you have any concern**



6269 N. Oak Trafficway
Kansas City, MO 64118
(816) 454-0008

1173 W. Kansas Street
Liberty, MO 64068
(816) 407-9528

5415 Johnson Drive
Mission, KS 66205
(913) 236-2523

506 A SE MO 291 Highway
Lees Summit, MO 64063
(816) 875-6192

All Locations Hours Of Operation
Mon-Fri: 11:00am to 8:30pm
Saturday: 11:00am to 8:00 pm
Sunday: 11:00am to 3:00pm

www.LongboardsWrapsandBowls.com

Ask us how to get a free \$5 gift card

Hang Loose, Eat
Longboards!

Ask About Our Weekly Specials

Like us on Facebook @Longboards816

Follow on Twitter @LongboardsKC

Cool Style Wraps

Deli-style Wraps with lettuce served cold

Tokyo Teriyaki – 5.99

Choice of chicken or steak, mozzarella, vegetables, lettuce and teriyaki sauce

Orange Chicken – 5.99

Chicken, mozzarella, vegetables, lettuce and orange sauce

Thai Roll – 5.99

Choice of chicken or steak, pepperjack, vegetables, thin rice noodles, lettuce and peanut sauce

Smoked Woody – 5.99

Pork, pepperjack, cucumber, pico de gallo, carrots, pineapples, lettuce and sweet and spicy sauce

A-Bomb – 6.59

Turkey, bacon, mozzarella, pico de gallo, hard-boiled egg, lettuce and ranch

Caesar – 5.99

Chicken, mozzarella, pico de gallo, olives, lettuce and parmesan sauce

Laguna Krab – 6.59

Imitation Crab, pepperjack, guacamole, olives, pico de gallo, lettuce and sweet and spicy sauce

Baja Club – 7.79

Turkey, bacon, guacamole, mozzarella, olives, pico de gallo, lettuce and lite ranch

Salad Bowls

Big Salads w/hard-boiled egg, tomatoes, olives, cucumber, mozzarella, and choice of dressing

Surf & Turf – 7.99

Imitation Crab and choice of chicken, steak or turkey

Hawaiian Chef – 7.99

Chicken, imitation crab, turkey, and pineapples

All Pro – 7.99

Turkey, chicken, and bacon

Lumpia Roll Salad – 5.85

Two chicken Spring Rolls w/Peanut Sauce
Includes a side of Fresh Pasta Salad

Grilled Style Wraps

Grilled Burrito-Style Wraps with rice

Cabo Chicken – 6.59

Chicken, guacamole, pepperjack, pico de gallo, rice and chipotle ranch

Cabo Beef – 7.79

Steak, guacamole, pepperjack, pico de gallo, rice and chipotle ranch

Grilled Cheese Quesadilla – 6.79

Pepperjack, mozzarella and your choice of meat, vegetables, rice, and/or sauce

Pork Luau – 6.59

Pork, pepperjack, pineapples, vegetables, rice and teriyaki sauce

Wow! Kung Pao – 6.59

Chicken, peanuts, pepperjack, vegetables, rice, sriracha and spicy chinese sauce

Thai Chicken – 5.99

Chicken, pepperjack, vegetables, rice and peanut sauce

Teriyaki Grill – 6.39

Choice of chicken or steak, mozzarella, vegetables, rice and teriyaki sauce

Hot Turkey – 6.59

Turkey, pepperjack, olives, pico de gallo, rice and chipotle ranch

Spicy Krab – 6.79

Imitation Crab, peanuts, pepperjack, rice, sriracha and spicy chinese sauce

Hawaiian Sliders

*Six Grilled King Hawaiian Rolls,
Comes with choice of side*

Hawaiian Slider – 11.49

Imitation Crab, pork, chicken, mozzarella, pepperjack and your choice of sauce

Hummus & Tofu – 9.95

Hummus, smoked tofu, vegetables, and monterey jack cheese

Grilled Flat Wraps

Quesadilla Style Flat Wraps

Chicken Salsa Caesar – 6.39

Chicken, bacon, mozzarella, olives, pico de gallo, lettuce and parmesan sauce

Parmesan Turkey – 6.59

Turkey, pepperjack, olives, pico de gallo, rice and parmesan sauce

5-Alarm Beef – 6.39

Steak, pepperjack, pico de gallo, rice, spicy chinese and napalm sauce

Hummus and Veggies – 5.79

Hummus, vegetables, olives, pico de gallo, rice and parmesan sauce (Meat Optional)

Little Ones

Kids Wraps with Hello Panda Cookies

Little Dagger – 5.49

Chicken, mozzarella, vegetables, olives, and ranch

Mini Quesadilla – 5.49

Mozzarella and choice of meat

Little Surfer – 5.49

Imitation Crab, mozzarella, and rice

Smiley Wrap – 5.79

Turkey, bacon, mozzarella, rice and peanut sauce

Hot Noodle Bowl

Rice noodles, hard-boiled egg, lettuce, fried onion, cilantro & chives

Thai Bowl – 7.99

Choice of Chicken Or Steak

Served with thai peanut sauce & crushed peanuts

Carne Asada Bowl – 7.99

Steak, bacon, guacamole, pico de gallo, & lemon garlic aioli

Vietnamese Bowl – 7.99

Choice of Chicken Or Steak

Served with sweet and spicy & sriracha

Tofu and Veggies – 7.50

Served with your choice of sauce